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PRESENT:

SUMMER COOL DOWN

JUNE 16, 2019; 8AM – 12 PM

AMES ICE ARENA

1507 GATEWAY HILLS PARK
DRIVE

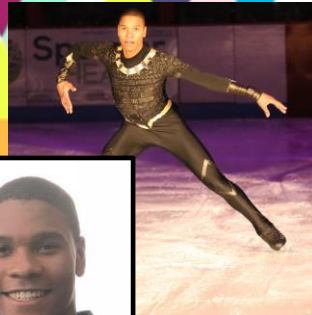
AMES, IA 50014



Surya Bonaly



Peter Biver



Joey Millet



Maddison Bullock

- What
 - FUN 4-hour clinic covering topics from character development to jump and spin technique
 - Each participant will spend at least 1 hour with each coach listed in a group environment!
 - Q&A with coaches!
- Who
 - Coaches
 - **Surya Bonaly:** 9 time French national champion, 5 time European champion, 3 time World silver medalist and Olympian
 - **Peter Biver:** 6 time USFS Gold Medalist, National competitor in pairs and international coach.
 - **Maddison Bullock:** Professional figure skater and actress, creator and star of *Ice The Movie*.
 - **Joey Millet:** National competitor in singles and ice dance, 2019 Midwestern Sectional Competitor – Senior Men
 - Skaters
 - Level: Freeskate 1 to Preliminary Moves in the Field (20 spots)
 - Level: Pre-Juvenile to Senior Moves in the Field (20 spots)
 - All ages welcome!
- How Much
 - \$175 per participant
 - DMFSC Member: \$150

Topics Covered:

Acting on Ice

Performance on a Big Stage

Jump Technique

Spin Technique

Off Ice Exercise

Power and Edge

Register

www.metroicesports.com